



Biking & Walking News

Ira S. Weiss, Editor

May 23, 2010

ANNOUNCEMENTS – NOTHING THIS ISSUE

RIDES

Bicycling Commuters Take Over High Street

By Rick Reitzel

Published: May 17, 2010

Hundreds of bicyclists ride from Ohio State's Campus Gateway to the Statehouse to kickoff Bike To Work Week Monday morning. Led by Columbus Mayor Michael Coleman, at least 200 bicyclists pedaled in a light rain. At the Statehouse, Jeff Stephens, of Consider Biking, accepted a check for \$295,451 from the Columbus Foundation. The money was granted to encourage bike transportation by Central Ohioans. Also on the ride with the mayor were 70 CEOs who were demonstrating cooperation between the city and local corporations on an initiative called 2 by 2012. The idea is to get neighbors to bike to work at least two days per month. NBC 4's Rick Reitzel will be following the story Monday and offer updates... http://www2.nbc4i.com/news/2010/may/17/hundreds-of-bicycle-commuters-take-over-high-stree-ar-78911/?sc_cid=CMH-NEWS-TopStories

Cycling CEO Challenge (click link to view photo)

In a three-wheel cycle, Jolene Molitoris, director of the Ohio Department of Transportation, leads a pack down High Street during the Cycling CEO Challenge bike-to-work event. To her left is Columbus Mayor Michael B. Coleman. The ceremonial ride yesterday began at Ohio State's South Campus Gateway and ended at the Statehouse, 2 1/2 miles away.

http://www.dispatch.com/live/foundation/slideshow.jsp?file=/multimedia/daily_slideshows/2010/05/20100518_today_s_top_photos.html&image=7&adsec=multimedia&tot=10

Pedaling to the priesthood

Seminarian Bike Tour offers unusual outreach to schools, churches in diocese

BY L.B. WHYDE • Advocate Reporter • May 21, 2010

NEWARK -- To the thunderous shouts of children, eight men -- all dressed in black -- pedaled their bicycles out of the gym at St. Francis de Sales School as part of the Seminarian Bike Tour 2010. This is the second year for the bike tour, an event organized by seminarian and cyclist Matt Morris, of Lancaster. Last year's tour went from Marion to Portsmouth. This year's tour went from east to west, starting at Tuscarawas Central Catholic Elementary in Dover and ending Thursday in Sunbury. The trip was about 160 miles, and participants biked between 40 to 50 miles a day.

The purpose is to visit the parishes and schools in the Roman Catholic Diocese of Columbus and to get to know the children and communities to ease each seminarian's transition...

<http://www.newarkadvocate.com/article/20100521/NEWS01/5210307/Seminarian-Bike-Tour-offers-unusual-outreach-to-schools-churches-in-diocese>

Hilo Bike Ride 2010 — June 19, 2010 - ride, music, camping , good food, great company

What happens when the Columbus high tech community intersects with the low impact mission of the Columbus biking community? You get the HiLo Bike Ride – a rolling and rocking, two-day bike ride featuring a 42-mile scenic ride (each way) overnight camping on a beautiful organic farm, live music, great food, and a community testament to the use of bikes as a true means of transportation. All organized, promoted and staged by the central Ohio technology and biking community. Join us June 19, 2010* for the second annual HiLo Bike Ride. We'll ride from Westerville to Doug Morgan's organic farm nestled in the hills of scenic Knox County, where we'll feast, laugh, listen and recharge at Dougstock 2010. [click here](#) and check out our pics from last year So come on. Elevate your awareness and your heart rate. Sign up today to show your commitment to environmental responsibility, bicycling, and pure community fun!

Date: June 19 (rain date July 10)

Meet: at Progressive Medical at 8 am, leave by 9 am

Meals: light lunch upon arrival, dinner is pig roast and veg alternative, breakfast on Sunday

Cost: \$20 per person

[click here to donate](#)

Live Music: Pep Boys, Klatt Bros, Jenny Morgan, etc.

Movies: Tbd, but I vote for The Harder They Come

*Rain date is 7/11/09

<http://bit.ly/hilo2010>

RIDE IN CENTRAL OHIO'S TOUR DE CURE

Tour de Cure is an exhilarating cycling event that welcomes any rider of all ages and abilities. This is the only ride in Central Ohio dedicated to raising money for diabetes research, advocacy and educational programs. Help be a part of finding a cure for diabetes by registering today! All rides will start and finish at Westerville Central High School. No matter which ride you choose, each will offer a unique experience. Every ride will feature full service rest stops with plenty of healthy snacks to replenish your body, unlimited water and Gatorade and volunteers to cheer you on your way. Ride with us on June 5, 2010!

Start Location: Westerville Central High School

Event Manager: Tisha Horst

Email: thorst@diabetes.org

For more information, call 1-888-DIABETES or Contact Us @

http://tour.diabetes.org/site/PageServer?pagename=TC_contact .

http://tour.diabetes.org/site/TR/TourdeCure/TDC290338030?pg=entry&fr_id=6895

SAFETY

WEDNESDAY: Biking accident

A local woman talks to Amy Lutz about her bike accident and urges the public to share the road.

http://myfox28columbus.com/newsroom/gdc/videos/vid_368.shtml

Woman Training For Bike Race Injured In Apparent Road Rage

Tuesday, May 18, 2010 6:05 PM

Updated: Tuesday, May 18, 2010 6:55 PM

NEWARK, Ohio — A Worthington woman suffered injuries, including a cracked pelvis, after being struck by a fast food cup while she was bicycling this week. Sara Abele's brush with apparent road rage on Sunday left her unable to ride, 10TV's Lindsey Seavert reported. "I have a good chunk out of my seat that I will probably replace," Abele said. For the second year in a row, Abele was planning on participating in the Pelotonia bike race, but while training with a group of cyclists in Licking County, she was struck by a fast food cup full of soda pop and ice. The cup struck Abele square in the head, cracking her helmet in three places, and knocking her down. Abele said that she reached speeds up to 22 mph on the rural roads, Seavert reported. "I was in the back of the group, I saw the car coming," Abele said. "I heard somebody saying something, but it just happened so fast. So I at looked at my helmet, I have nice cracks in three different places." Doctors believe the fall cracked Abele's pelvis, but she said she is lucky to be alive. "Had I been in the front of the group or had there been a car in the lane behind me, or had I not had a helmet on, certainly the outcome could be really different," Abele said. "I feel really lucky." The Licking County Sheriff's Office is investigating and were looking for a black Pontiac in connection with the incident, Seavert reported. Abele said that she hopes the flying cup was not a malicious move, but an act of ignorance, Seavert reported. "Somebody who didn't understand the severity of what they did," she said. Abele said she plans to get back on her bike as soon as she is able. "I would like to use it as an opportunity to remind people to be aware to share the road and if you are out on the road," Abele said. "Please wear a helmet. Clearly, it made a huge difference for me." Watch 10TV News HD and refresh 10TV.com for additional information.

<http://www.10tv.com/live/content/local/stories/2010/05/18/story-licking-county-worthington-cyclist-injured-fast-food-cup.html?sid=102>

Cyclist injured by cup of ice pitched by motorist

Worthington woman knocked off bike, sustains deep bruises

BY JESSIE BALMERT • Advocate Reporter • May 18, 2010

LIBERTY TOWNSHIP -- A pleasant bicycle ride through the county turned dangerous after aggravated motorists threw full soft-drink cups out their window, knocking a Worthington woman off her bike. Sara Abele, 29, said she was bringing up the rear of a nine-person bicycle chain on Loudon Street near U.S. 62 Sunday afternoon. The group was riding at about 22 mph when someone in an oncoming black Pontiac tossed two large plastic McDonald's cups filled with ice at the group, she said. "It was definitely on purpose," Abele said. "They could have killed me." She was knocked from her bicycle and sustained deep bruises, she said. "She ended up sliding down the road on her back," fellow rider John Martin said. No bones were broken and a safety helmet, which cracked in three places, saved her from any brain damage, Abele said. She said it could have been much worse if a vehicle or fellow riders had been behind her. Abele, who is training to ride in Pelotonia, a charitable cycling event to benefit the Ohio State University Comprehensive Cancer Center -- James Cancer Hospital and Solove Research Institute, said she enjoys riding her bicycle in Licking County because of the hills and country roads, but she wishes motorists were more thoughtful. The group, members of the Central Ohio Triathlon Team, started at River Road Coffee House in Newark and were about 10 miles into their ride when the incident occurred, Martin said. Abele said her injuries serve as a sobering reminder of other bicyclists who were not as lucky. Columbus' seventh annual Ride of Silence is Wednesday, commemorating cyclists killed by motorists. "It's a good time to think about sharing a road," Abele said. The Licking County Sheriff's Office was notified about the incident and will investigate the black Pontiac. Anyone with information can call (740) 670-5555. If faced with similar circumstances, the best advice for cyclists and motorists is to disengage, not escalate, said Greg Hartz of the Licking County Trails Alliance. "It's no different from road rage if you're in a car," Hartz said. The most common problem for motorists is impatience, but they must remember cyclists have a right to the road as well, Hartz said. "Bicycles are not toys. They do not belong on the sidewalk," he said. If cyclists notice someone not sharing the road or, perhaps exhibiting violent behavior, pull off to the side and get the person's license-plate number, Hartz said. Hartz said he was disheartened to hear about the attack Sunday but knows most motorists don't resort to violence. Despite one eager motorist, he had no problems riding to and from work in the rain Monday. "Generally, people were very patient and very kind," Hartz

said. Jessie Balmert can be reached at (740) 328-8548 or jbalmert@newarkadvocate.com.
<http://www.newarkadvocate.com/article/20100518/NEWS01/5180317/1002/Cyclist-injured-by-cup-of-ice-pitched-by-motorist>

Road Scare for Cyclist

WORTHINGTON, Ohio -- After a scare on the road, a Worthington woman is now speaking out about bicycle safety. On Sunday Sara Abele and a group of six other riders were cycling along us 62 in Licking county. She says that's when someone in a black Pontiac, traveling the other direction, threw 2 drinks at them. The cups were full of ice. Abele tells ABC6/FOX28 reporter Maria Durant that one of the cups hit her causing her to lose her balance and fall. "We were traveling about 22mph. I was in the back. Had there been a cyclist behind me or I was not wearing my helmet, the outcome could have been much worse." Abele suffered from a fractured pelvis and bruises. Licking County deputies are looking for the driver of the Pontiac. Road Scare for Cyclist Posted: Wednesday, May 19 2010, 06:13 AM EDT http://myfox28columbus.com/shared/newsroom/top_stories/videos/wtte_vid_4334.shtml

Bicyclist Struck; Sawmill Road Closed

NBC 4

COLUMBUS, Ohio --

Sawmill Road is closed Friday morning after a male bicyclist is struck by a vehicle. Columbus police are on the scene of the crash at Sawmill Road and Sawbury Boulevard, just north of Interstate 270, on the city's Northwest Side. Police received a call about an unresponsive male on the side of the road at about 5 a.m. Friday. The male, who is in his 20s, was riding a bicycle when he was struck by a vehicle, according to emergency personnel transporting the victim. The male was transported to Riverside Methodist Hospital in life-threatening condition. Northbound and southbound lanes of Sawmill Road in the area are closed while police investigate. Traffic is being rerouted around the closure. <http://www2.nbc4i.com/news/2010/may/21/10/sawmill-road-closed-after-cyclist-struck-ar-83831/>

Bicyclist Stuck By Car; Portion Of Sawmill Road Closed

Friday, May 21, 2010 5:28 AM

Updated: Friday, May 21, 2010 6:11 AM

DUBLIN, Ohio — A portion of Sawmill Road just north of Interstate 270 was shut down Friday morning because of an apparent hit-skip crash that sent a bicyclist to the hospital. Motorists found a man lying near the corner of Sawmill and Bright roads shortly after 5 a.m. The man, who authorities believe was riding a bicycle when he was struck by a vehicle, was transported to Riverside Methodist Hospital with life-threatening injuries, 10TV's Patrick Bell reported. <http://www.10tv.com/live/content/local/stories/2010/05/21/story-dublin-sawmill-road-pedestrian-struck.html?sid=102>

Police ID Bicyclist Injured Critically In Hit-Skip Crash

By Donna Willis

Published: May 21, 2010

Updated: May 21, 2010 - 11:29 AM

COLUMBUS, Ohio --

Detectives are checking area surveillance video and asking for witnesses to come forward after a male bicyclist is injured critically in a hit-skip crash Friday morning. **NBC 4 reported with the FAST FACTS from Columbus police.** Columbus police were called to the scene of a hit-skip crash at Sawmill Road and Sawbury Boulevard, just north of Interstate 270, on the city's Northwest Side at about 5 a.m. Friday. The 911 caller reported an unresponsive male on the side of Sawmill Road. Jeffrey T. Steveson, 20, was riding southbound on Sawmill, near the curb, when he was struck by an unknown vehicle and thrown from his bicycle, police said. Steveson was transported to Riverside Methodist Hospital in life-threatening condition. He remained in critical condition at 1 p.m. Friday. A portion of Sawmill Road was closed while CPD officers and its crash investigation unit were on the scene gathering details. Officers confirmed the incident was a hit-skip crash. Detectives don't have any suspects or witnesses currently. Detectives were checking with area businesses to see if surveillance video offers any leads. Anyone with information was asked to call CPD at 614-645-4767 or Central Ohio Crime Stoppers at 614-461-TIPS. <http://www2.nbc4i.com/news/2010/may/21/18/sawmill-road-closed-after-cyclist-struck-ar-83831/>

Honoring Killed Cyclists

COLUMBUS, Ohio -- Several hundred cyclists making a statement in downtown Columbus Wednesday. The bike riders were remembering those who have been killed or injured while riding. The cyclists rode for 12 miles in "The Ride of Silence." It's the seventh year for the event -- that kicked off at the statehouse. The first ride started in Texas after a cyclist was killed. Jeff Stephens with Consider Biking knew the rider that lost his life. It's why he helped start the event. He wants to remind cyclist and drivers that we should all share the road and have respect for each other. Honoring Killed Cyclists Posted: Thursday, May 20 2010, 05:52 AM EDT

http://myfox28columbus.com/shared/newsroom/top_stories/videos/wtte_vid_4356.shtml

Risk-taking cyclists deserve no sympathy

Thursday, May 20, 2010 2:58 AM

I recently moved into the Lewis Center area, near the Alum Creek Dam. One of the area's charms is the variety of recreational opportunities, and many people take part. Certainly, the local bicycle riders are out in force. Therein lies the problem. Many of the local roads, even the euphemistically described "main roads," are extremely narrow, without shoulders. They tend to be curvy, also, so visibility is limited. Yet over the past couple of weekends, I have been astounded as to the number of riders who risk their lives on such dangerous roads. Through the years, *The Dispatch* has carried a number of letters from bicycle riders and the automobile drivers who resent them. While I have always ascribed to the live-and-let-live philosophy, in this instance I think the bicyclists need to get some sense of reality. Frankly, I don't care for driving on these roads in my 4,000-pound car, and I certainly would not try them on a bicycle. The selfish actions of these riders have turned me into an "anti." Live and let live, in my mind, does not translate into someone forcing me to accept their stupidity.

<http://www.dispatch.com/live/content/editorials/stories/2010/05/20/risk-taking-cyclists-deserve-no-sympathy.html?sid=101>

Some drivers don't respect bicyclists

Thursday, May 20, 2010 2:58 AM

Local communities might be bike-friendly, and the hope is that the friendliness is contagious ("Pedal-friendly Dublin a role model," *Dispatch* article, Monday). The evidence from this past Sunday at 1:30 p.m. in Licking County could lead some of us to a different conclusion. The last rider in a group of nine cyclists riding in single file northbound on Loudon Street, just south of Rt. 62, was hit in the face by one of two McDonald's soft-drink cups launched by the driver of a southbound black Pontiac. The cyclist went down hard. A subsequent medical exam showed nothing worse than severe bruising and scrapes. Her helmet, which undoubtedly saved her from serious injury, was split in three locations; the bike will require major repairs. Unfortunately, it takes only one idiot in Licking County to ruin the day for a cyclist and give a bad name to an entire county, which is a major cycling destination on the weekends.

<http://www.dispatch.com/live/content/editorials/stories/2010/05/20/some-drivers-dont-respect-bicyclists.html?sid=101>

New Safety Measures In Place For Bicyclists

Monday, May 17, 2010 12:38 PM

Updated: Monday, May 17, 2010 1:13 PM

COLUMBUS, Ohio — The first of nearly 200 lane markings were unveiled on Monday in hopes of making the city one of the most bicycle-friendly cities in the U.S. The city is investing \$10 million this year to promote safe riding, 10TV's Patrick Bell reported. The markers will appear along High Street, between Nationwide Boulevard and Morse Road. On Monday, 70 chief executive officers rode down High Street and ended their trip at the Ohio Statehouse to begin Bike to Work Week, Bell reported. Some of the CEOs included Steve Allen, Nationwide Children's Hospital; David Chesebrough, COSI; Rhonda DeMuth, TDCI; Denny Griffith, Columbus College of Art & Design; Melissa Ingwersen, Chase N.A.; and Jack Partridge, Columbia Gas of Ohio. The city's plan calls for an additional 31 miles of off-street trails and 58 miles of on-street bicycle lanes and routes. The city currently has 87 miles of bike routes and trails. "It's an opportunity to bring communities together," said Jolene Molitoris, the director of the Ohio Department of Transportation. "We're talking about sustainable community, and what's more sustainable than pedaling wherever you want to go?" "It was great," said Greg Yoakham, the chief executive officer of Kidslinked.com. "I've never seen so many people ride down High street in one big group. But it was an easy ride in." Monday's event also launched the new 2 by 2012 CEO Challenge campaign, which calls on business owners and their employees to bike to work at least twice a month by 2012, the City's bicentennial year. The city's Bicentennial Bikeways Plan also sets a 2 by 2012 goal-biking to work at least 2 days a month, Bell reported...

<http://www.10tv.com/live/content/local/stories/2010/05/17/story-columbus-bicycle-safety.html?sid=102>

Sharrows are like brunch for the road

Sharrow = Share + Arrow Apparently you'll be seeing these on Columbus roads soon: A whole bunch of elected officials, including Mayor Michael B. Coleman, Congresswoman Mary Jo Kilroy and City Council members, will unveil Columbus' first sharrow on Monday morning. You'll have to share the road with them around 7:45 a.m. at N. High Street and 10th Avenue in front of the South Campus Gateway...

http://blog.dispatch.com/thecity/2010/05/sharrows_are_like_brunch_for_t.shtml

Editorial: Text this: Stop!

Teenage girls' driving becoming bad as boys'

Friday, May 21, 2010 2:51 AM

Bad news: The days when parents of girls could count on their auto insurance not spiking as high as that of boys' parents when their daughters started to drive could be nearing an end. Worse news: Teen girls behind the wheel are rapidly becoming as reckless as boys, making them a danger not only to themselves but to others. Perhaps even worse news: A majority of teenagers think they are good drivers even though they don't trust other drivers their age, and they give themselves slightly higher marks on safety than they give their parents. These are among the findings of a Tru Research online survey of 1,063 teens conducted for the Allstate Foundation, a nonprofit community-service organization of Illinois based insurer, Allstate Corp. A whopping 82 percent of teens said they use cell phones while driving, up from 56 percent in 2005. Among girls, 51 percent said they probably will continue to talk or send messages while at the wheel, compared with 38 percent of boys. In 2005, only 13 percent of teen drivers admitted texting. Among girls, 48 percent said they tended to drive more than 10 mph over the limit, up from 36 percent in the 2005 survey, vs. 19 percent of boys, down from 25 percent in 2005. And 16 percent of girls say they drive aggressively, up from 9 percent in 2005, while 13 percent of boys say they do so, down from 20 percent in 2005... <http://www.dispatch.com/live/content/editorials/stories/2010/05/21/text-this-stop.html?sid=101>

Major study on cell phones and cancer inconclusive

Monday, May 17, 2010 2:50 AM

By Frank Jordans

Associated Press

GENEVA — A major international study into the link between cell-phone use and two types of brain cancer has proved inconclusive, according to a report to be published this week in a medical journal. The survey of almost 13,000 participants found cell-phone use didn't increase the risk of developing meningioma — a common and frequently benign tumor — or glioma — a rarer but deadlier form of cancer. The 10-year study, which was conducted by the World Health Organization's International Agency for Research on Cancer, concluded there were "suggestions" that heavy use could increase the risk of glioma but "biases and error prevent a causal interpretation" that would directly blame cell-phone radiation for the tumor. Heavy use was defined as 30 minutes or more of calls a day. The authors acknowledged that one source of possible inaccuracies was the fact that participants were asked to remember how much and on which ear they used their mobiles over the past decade. Results for some groups showed cell-phone use appeared to lessen the risk of developing cancers, something the researchers described as "implausible..." http://www.dispatch.com/live/content/national_world/stories/2010/05/17/major-study-on-cell-phones-and-cancer-inconclusive.html?sid=101

HEALTH

Editorial: Short takes

Tuesday, May 18, 2010 2:51 AM

KUDOS TO the Granville school district for putting its money where its mouth is. Or, rather, where its students' mouths are. This year, the district is shunning frozen and processed foods, which are generally full of extra chemicals and calories, and instead is offering students fresh, local meat and produce. And the students like it. Typical school lunches are high in calories, fat, salt. And they are often short on fruits and vegetables. Sure, the fresh stuff costs a little more. But not much. And more students are eating the cafeteria's food, which has put the food operation in the black. The district wins, because the food service is covering its costs. The kids win, because healthier food means healthier kids and less obesity. Local farmers win, because they are supplying a greater

share of the school district's offerings. What's not to like?

<http://www.dispatch.com/live/content/editorials/stories/2010/05/18/short-takes.html>

Ira: I wonder if Granville schools are also willing to spend their money on PE classes.

State Senate approves bill to combat child obesity

BY CLIFF PEALE • The Cincinnati Enquirer • May 19, 2010

Schools in Ohio soon might be required to offer more nutritious food and track every student's weight. The Ohio Senate on Tuesday approved a childhood obesity bill that also included a requirement for 30 minutes of physical activity every day. But after last-minute lobbying by schools, they won the ability to apply for a waiver from that requirement. Ohio House members could vote on a companion bill as soon as next week, and Gov. Ted Strickland is expected to sign the legislation. Cincinnati Children's Hospital Medical Center, business groups and others have pushed the physical-activity requirement, arguing that Ohio needs to catch up to battle the nationwide epidemic of childhood obesity that adds health-care costs, particularly for low-income children...

<http://www.lancastereaglegazette.com/article/20100519/NEWS01/5190310/1002/State-Senate-approves-bill-to-combat-child-obesity>

Healthy Ohio Fitness Walk gets people out, about for 1-mile trek

Initiative encouraged 100,000 Ohioans to get out, walk a mile

BY MORGAN DAY • The Eagle-Gazette Staff • May 20, 2010

LANCASTER -- Among the three women, they had logged three miles walking from the Ohio University-Lancaster campus to the Lancaster High School basketball court and back. That's four miles if you count the 6-month-old who tagged along in a stroller. Grandmother and granddaughter Carol and Amanda Hoffman, 19, walked alongside June Morgan on Wednesday as the women participated in the fifth annual Healthy Ohio Fitness Walk. Carol Hoffman pushed Amanda's daughter, Arianna, in a stroller as they made their way back to campus. "It's great exercise," Amanda Hoffman said. "And it's great to get out of the house and do something." The walk is sponsored by Healthy Ohio, an initiative supported by Gov. Ted Strickland that's located in the Ohio Department of Health.

<http://www.lancastereaglegazette.com/article/20100520/NEWS01/5200306/1002/Healthy-Ohio-Fitness-Walk-gets-people-out--about-for-1-mile-trek>

Committee aims to beef up nutritional info on menus

But smaller businesses, lacking the resources of national chains, will need help in order to develop and publish facts.

By GARTH BISHOP

Published: Tuesday, May 18, 2010 4:40 PM EDT

As chain restaurants lead the charge to offer Columbus customers more nutritional information, work is under way to find a way for smaller, locally owned businesses to do the same. Among the goals of the city's Healthy Choices Committee, formed in February, is focused on encouraging restaurants to offer more nutritional information and more healthful menu items. Part of that committee's mission is to get information such as calorie counts on menus, so consumers can make informed decisions about what they eat. A West Side KFC, 3414 Sullivant Ave., is one of the first restaurants in Columbus to post calorie counts on its menu. City officials were at the KFC on May 11 to applaud the company's decision. "This will make our citizens healthier (and) more educated," said Mayor Michael Coleman, who announced this goal during his 2010 State of the City address...

http://www.snponline.com/articles/2010/05/22/gahanna_news/news/ghallcolnu_20100518_0343pm_2.txt

Smear campaign?

Ohio farmers fear a disastrous drop in business as some nutritionists give corn sweetener a bad rap

Sunday, May 23, 2010 2:58 AM

By Tracy Turner

THE COLUMBUS DISPATCH

When you reach for that bottle of Hunt's ketchup in the grocery store, you could be casting a vote in the growing controversy over the use of high-fructose corn syrup. Whether you believe the studies linking the syrup to obesity or come down on the side of "It's just the same as sugar," the issue matters tremendously in Ohio. As the nation's No. 7 grower of corn - much of which is refined into corn syrup - the state has thousands of jobs and millions of dollars at stake in the growing sweetener debate...

<http://www.dispatch.com/live/content/business/stories/2010/05/23/smear-campaign.html>

Two-wheeled ponies

Hard-court bike polo recalls equestrian sport and hockey

Thursday, May 20, 2010 2:59 AM

By Kathy Lynn Gray

THE COLUMBUS DISPATCH

Thwack! The small red ball skips through the air. "Shoot it!" a voice screeches as a bicyclist catches the ball's bounce with the front of the mallet dangling from his hand. Another bicyclist curses as she swings her mallet and then crashes to the ground while the ball whizzes past into the hockey net. It's 9:30 on a Tuesday night at Ohio State University's outdoor roller-hockey rink, and Columbus' bike-polo aficionados are working up a sweat.

http://www.dispatch.com/live/content/local_news/stories/2010/05/20/two-wheeled-ponies.html

LOCAL NEWS

Hilltop bike route

Plans differ on W. Broad parking

Wednesday, May 19, 2010 2:52 AM

By Mark Ferenchik

THE COLUMBUS DISPATCH

A city advisory group recommended a bike route through the Hilltop yesterday that would save on-street parking for a section of W. Broad Street, but not as much as some residents and businesses want. By a 4-1 vote, members of the city's Transportation and Pedestrian Commission endorsed a plan that significantly differs from one the Greater Hilltop Area Commission approved last week. The transportation commission is suggesting a route that would send bikers north on Wheatland Avenue, west on Steele Avenue and south on Eureka Avenue to connect them back to W. Broad Street. That would save three blocks of on-street parking along the north side of W. Broad for businesses and residents... http://www.dispatch.com/live/content/local_news/stories/2010/05/19/copy/plans-differ-on-w-broad-parking.html

West Siders, officials want 'complete streets' done sooner

* Officials said the "complete streets" concept could bring in benches, paths, bus stations, bike lanes, sidewalks, planted medians, streetlights and more.

By GARTH BISHOP

Published: Wednesday, May 19, 2010 4:06 PM EDT

Ohio voters have ensured a casino is in the cards for the West Side of Columbus, and once it opens, the expectation is traffic on and around West Broad Street will increase significantly. Fortunately, the Ohio Department of Transportation has a plan in place to spruce up the ailing West Broad streetscape. Unfortunately, as things stand now, physical work on it would not begin until a year after the casino opens. That's a situation officials and community members on the West Side are hoping to remedy. "Initial plans had been formulated, but now, (there is) the sense of urgency because of the casino," said Franklin Township Trustee Tim Guyton. Thanks to the passage of state Issue 2 earlier this month, developer Penn National Gaming will build its planned Columbus casino at the site of the former Delphi plant on Georgesville Road at West Broad. A plan to annex the casino site from Franklin Township to Columbus is in the works. ODOT officials met with West Side public officials and business owners May 10 to present details on the streetscape plans for West Broad. The section of street that would see improvements runs from Rome-Hilliard Road on the west to Wilson Road on the east -- and smack in the middle is the stretch between Interstate 270, from which casino patrons would be exiting to visit the casino, and Georgesville Road, on which the casino will be located. Although the casino issue has pushed it into the limelight, the streetscape project has been in the works since 2004. "Long before the casino came around, we've had a group of folks focus on the redevelopment of the West Broad corridor," said Chris Haydocy, owner of West Broad Street car dealership Haydocy Automotive and one of the key supporters of Issue 2. It follows the "complete streets" concept, said ODOT spokesman Brian Hedge, which means it would allow for multiple modes of transportation -- cars, buses, bicycles, pedestrians, etc. No specific plans have been drawn up, Hedge said, but the "complete streets" concept could bring in benches, paths, bus stations, bike lanes, sidewalks, planted medians, trees, streetlights and more...

http://www.snponline.com/articles/2010/05/22/grove_city_news/news/gcwest%205-2_20100519_0127pm_2.txt

Forest Park West residents sought to help with walking map

Wednesday, May 19, 2010 12:37 PM

Residents of Forest Park West are being invited to participate in creating a walking map for their subdivision. Those interested are asked to meet today (Thursday, May 20) at 6 p.m. at Sequoia Bowling Lanes, 5501 Sandalwood Blvd. "Come walk the neighborhood with Columbus Public Health Healthy Places program to identify the good walking routes through the neighborhood," said Christine Green, healthy places coordinator for Columbus Public Health. "You will help to create a pocket-size neighborhood walking map with mile measured routes that highlight neighborhood destination places. "The map will help you be physically active in your neighborhood." The creation of this and other walking maps in the Northland area is a project of the North Side Health Advisory Committee and the Forest Park Civic Association. The goal of health advisory panel members is to eventually have walking maps for all of the subdivisions and neighborhoods in the Northland area, and to link them. For more information, contact Green at 645-5318 or CGGreen@columbus.gov .

<http://www.thisweeknews.com/live/content/northland/stories/2010/05/19/Forest-Park-West-residents-sought-to-help-with-walking-map.html?sid=104>

DATA Bus has bike racks

We now have bike racks! Although our service area is North of I 270, we connect to COTA for free at Crosswoods, so workers can easily bring their bike from Delaware to Franklin County via bus. DATA Bus, Delaware County's transit system, has recently **added bike racks** with the help of a grant from the Mid Ohio Regional Planning Commission to all but one of its 19 vehicles. Passengers can now easily bring and stow a bike on the bus, whether they're traveling on Demand Response or catching a DATA Bus Fixed Route bus. Passengers can use DATA Bus's **Demand Response service to go to a park or trail to ride**, for example (or anywhere in Delaware County). **DATA Bus Fixed Route passengers can take their bike** to go farther into Franklin County with a free transfer to the COTA Bus or to a location in Delaware County where the Fixed Route doesn't stop . The cost of Demand Response is \$2.00 or less to anywhere within Delaware County and Fixed Route fare is just \$1.00 or less. DATA Bus is proud to expand its services with these bike racks and continues its effort to increase transportation options in Delaware County. Please feel free to contact me if you have any questions or would like for me to send you any DATA Bus Route brochures.

Sincerely,

Ginny Berry

Delaware Area Transit Agency

4987 County Home Rd

Delaware, Ohio 43015

(office) 740-368-9383 ext 2

(cell) 740-513-8250

<http://www.ridedata.com/>

Bike to work week

Pedal-friendly Dublin a role model

Monday, May 17, 2010 2:49 AM

By Holly Zachariah

THE COLUMBUS DISPATCH

No fair-weather commuter, this one. Not even a recent cold, sideways rain tempted Mike Teets to back his Chevrolet pickup truck out of the garage for the morning commute to the Online Computer Library Center in Dublin. His Fuji Cyclo Cross bicycle - with the help of a sturdy raincoat and Oakley tinted glasses - got him there just fine. For the city of Dublin, Teets is a poster child of commuter bicycling. And right now, during National Bike to Work Week, the city hopes to give its newly energized bicycling efforts a boost. With about 93 miles of city-maintained trails connecting neighborhoods, Dublin has always considered itself fairly bike-friendly. Now, the focus is on the streets... http://www.dispatch.com/live/content/local_news/stories/2010/05/17/pedal-friendly-dublin-a-role-model.html?sid=101

Historic parks board weighing options, including dissolution

BY CARL BURNETT JR. • The Eagle-Gazette Staff • May 19, 2010

LANCASTER -- The dissolution of the Fairfield County Historical Parks might not be as imminent as announced last week during a county department heads meeting. Two members of the parks board, Len Hajost and Ron Packard, along with parks director Dave Fey and the Fairfield County commissioners, agreed Tuesday to continue to research the options available to the district after the May 4 levy defeat. The 0.5-mill property-tax levy, which 54

percent of voters opposed, would have raised an estimated \$1.57 million annually for park operations. The Fairfield County Historical Parks District was formed in 1981 and has not been supported by any dedicated tax levy since its creation. Fey thanked the commissioners for their support during the past years. "You've been very generous, but with our increased costs and with less money coming in the future, we don't see a lot of options," Fey said. The next step is uncertain, Fey said. "If we don't have the money to operate the parks, then what do we do with them?" Fey said. "We can close them, we can sell them or we can get an agreement for another park district to operate them." All three commissioners encouraged the parks board and Fey to continue looking for alternative options instead of dissolution or turning the 18 county historical parks over to another parks district...

<http://www.lancastereaglegazette.com/article/20100519/NEWS01/5190309/-1/NLETTER01/Historic-parks-board-weighing-options--including-dissolution?source=nletter-news>

Residents weigh in on zoning change, parts of bike-trail plan

Wednesday, May 19, 2010 12:37 PM

By LORI WINCE

ThisWeek Staff Writer

At least one person opposed a rezoning and another opposed portions of the city's bikeway master plan May 17 during two hearings hosted by Gahanna City Council... During a hearing on the bikeway master plan, Tony Collins, the city's parks and recreation director, said the city could improve trails this year by adding signs and shared-lane designations on roads. The city updated the bikeway master plan in 2009 and determined inexpensive ways to implement some ideas. It was updated again recently. Collins said the city does not have a lot of money to build more trails, which could cost \$30 to \$40 per linear foot. The city could spend about \$5,000 to add signs, which would direct cyclists and pedestrians to trail links and recreational areas, he said. Gahanna has nine miles of multi-use trails. City officials want to add one mile of multi-use trail this year, in addition to creating 3.6 miles of shared bicycle lanes on local roadways with proper lane markings and raising awareness of routes by adding signs to another 26 miles of shared routes. The plan also shows future connections of proposed bicycle paths and connections to other trails in central Ohio. Janet Gibson of Walnut Woods Court said she and seven of her neighbors do not oppose the bikeway master plan but are requesting that a portion of the trail - a stretch that could be extended behind their homes on the north side of the Stonybrook United Methodist Church - be moved. Council also will discuss the bikeway master plan May 24...

<http://www.thisweeknews.com/live/content/gahanna/stories/2010/05/19/residents-weigh-in-on-zoning-change-parts-of-bike-trail-plan.html?sid=104>

Walnut Street repaving project moves forward in Galena

Published: Tuesday, May 11, 2010 5:57 PM EDT

The wait is finished for residents concerned with Galena's Walnut Street repaving project. After a few delays, the work now is in full swing and is anticipated to last until mid-May. The project includes grinding the existing road to create a new base, then repaving, according to information from the village administration. Local traffic is being maintained during the project. Decker Construction's repaving project, from state Route 3 to Holmes Street, is being funded by a \$190,999 Ohio Public Works Commission grant. An additional \$70,000 is being paid by Galena. The village will benefit from the project in several ways, according to a press release from the village. Genoa Township donated 100 truckloads of fill dirt it needed to move for a park improvement project, and Galena has used 55 truckloads of Walnut Street millings. The village began creating a Hoover Scenic Walkway parking lot near the trail and cemetery on Walnut Street and has expanded the Ruffner Park ball field parking lot. By using permeable surfaces, the village improves storm water runoff as well...

http://www.snponline.com/articles/2010/05/22/big_walnut_news/news/bw%20walnut%20_20100511_0350pm_2.txt

Genoa to link Route 3, Chandler with sidewalk

Saturday, May 15, 2010 8:39 PM

By CHRIS ALEXIS

ThisWeek Staff Writer

Genoa Township officials are working to create a sidewalk connection from state Route 3 to Chandler Drive. The sidewalk is meant to improve walking access to businesses off Chandler Drive, said trustee Barbara Lewis. "It will mean people can walk from Chandler all the way down to state Route 3 and Maxtown and past that. It's a big connector. It will really open things up. If people want to walk from Chandler Drive to Meijer and Kroger and all those stores in the state Route 3 and Maxtown Road area, they will be able to do that," Lewis said. The project has been divided into two phases, said administrator Paul Wise. The first phase, which connects Tuffy Auto Parts Center on state Route 3 with the traffic signal at Chandler Drive, will be completed within three weeks. That section

of sidewalk will be 1,100 feet long. If the weather cooperates, the sidewalk will be open by June 1, said trustee Rick Carfagna... "On any given day, there is a great deal of pedestrian traffic on the east side of Route 3. The sidewalk connection will encourage walk-in business for those folks who would not otherwise risk crossing such a large intersection. Also, with a neighborhood directly to the north of Chandler Court, this connection will increase a feeling of cohesiveness within our part of the community," Tressler said...

<http://www.thisweeknews.com/live/content/sunbury/stories/2010/05/15/genoa-to-link-route-3.html?sid=104>

Citizens hear plans for city bicycle path during hearing

Wednesday, May 19, 2010 12:38 PM

By EVAN BROOKS

ThisWeek Staff Writer

Four Grove City residents on May 12 attended a public hearing on city plans to build about two miles of bicycle paths in the town center area this summer. Resident Amy Wanner said the additional pathways will be "very good for the community." She said more sidewalks and paths for pedestrians will encourage residents in the area to get outside more and drive less. "It's a good thing to have somewhere safe to walk," she said. Fred Bollinger, who has lived in the area for 42 years, said he can't remember a time when the area had sidewalks. Bollinger said many people park on residential streets southeast of the town center during Arts in the Alley, a September event held that draws hundreds of artists and vendors to the downtown. Additional paths and sidewalks for non-motorized transportation will ease congestion from the event. "So, yeah, this is a good thing," Bollinger said...

<http://www.thisweeknews.com/live/content/grovecity/stories/2010/05/19/Citizens-hear-plans-for-city-bicycle-path-during-hearing.html?sid=104>

Lancaster looks for ways to pay for road projects

BY JOE GIESSLER • The Eagle-Gazette Staff • May 18, 2010

LANCASTER -- Almost 5 miles of U.S. 22 through Lancaster will be resurfaced in 2014, but city officials are getting to work now to find a way to pay for their portion of the multimillion-dollar project. "Anybody that drives it, they know we have some awful sections (on U.S. 22). It's cracking awful bad," said Rick Mark, assistant city engineer. The proposed road project would be coordinated by the Ohio Department of Transportation, but Lancaster is responsible for funding 20 percent of the construction. ODOT Planning Administrator Susan Wyant said early estimates put the project cost at about \$3 million -- meaning the city's portion would be about \$600,000. The resurfacing will occur on U.S. 22 from Zane Avenue to 0.1 miles west of Snoke Hill Road, said Wyant. She said the construction should be completed by the end of 2014...

<http://www.lancastreeaglegazette.com/article/20100518/NEWS01/5180307/-1/NLETTER01/Lancaster-looks-for-ways-to-pay-for-road-projects?source=nletter-news> **Ira:** :Looks like a good time to put in bike lanes.

Zarley Street

Restrictions on turns take effect soon

Wednesday, May 19, 2010 12:37 PM

By GAIL MARTINEAU

ThisWeek Staff Writer

Construction and improvements near U.S. Route 62 and Zarley Street should be completed a little earlier than expected. Village administrator Joe Stefanov said the work, which includes the expansion of the left-turn lane on the exit ramp of state Route 161 and U.S. Route 62 and an additional right-turn lane onto Route 62 from Smith's Mill Road, should be completed by the end of May. He said the improvements would get traffic flowing faster and more smoothly through the area. The construction also would ease the traffic issues around Zarley Street, which has been the site of numerous accidents over the years, Stefanov said. "There were some issues with the right-angle accidents, so we are prohibiting left turns and through movements between 3:30 and 6:30 p.m.," he said. The signs prohibiting the turns will be erected as soon as construction is completed. According to Joe Ridgeway, the village's contracted traffic engineer, there have been 31 accidents at the intersection of Zarley Street and Route 62 in the last five years... <http://www.thisweeknews.com/live/content/newalbany/stories/2010/05/19/restrictions-on-turns-take-effect-soon.html?sid=104>

Street maintenance program under way

Wednesday, May 19, 2010 12:37 PM

By BONNIE BUTCHER

ThisWeek Staff Writer

Most of Powell's streets are in good to excellent condition. A report from city engineer Rob Rice shows 33 of the city's 58 miles of pavement are in good condition, and 16 miles are in very good to excellent condition... The work includes milling old asphalt off a number of roads and overlaying them with fresh asphalt, working on bike paths in Adventure Park and on Presidential Parkway, sealing cracks on several streets, re-striping and marking the pavement on a number of streets, repairing a number of intersections and making crosswalk ramps compliant with the Americans with Disabilities Act. Rice said the city enjoys two benefits when its staff members rate the streets. First, doing the work in-house lowers the cost to the city. He said hiring a contractor to rate the streets, decide which streets to work on and inspect the streets can be about 10 to 17 percent of the cost. In 2008, he said, the city spent about \$1-million on street maintenance. More than \$100,000 of that was spent on hiring a contractor to rate the streets, decide which ones to work on and inspect the work. Second, it will provide the city with a consistent record of road conditions, which is used in making maintenance decisions. "One of the more visible and expensive capital improvement projects we undertake each year is the street maintenance program. That also includes bike paths," city manager Steve Lutz said at the meeting...

<http://www.thisweeknews.com/live/content/olentangy/stories/2010/05/19/street-maintenance-program-under-way.html?sid=104>

Master plan update about to begin

Wednesday, May 19, 2010 12:38 PM

By MICHAEL J. MAURER

ThisWeek Contributor

Infrastructure issues dominated the Upper Arlington City Council work session Monday night as members discussed potential roundabouts, curbs and gutters, multi-use recreational paths in lieu of traditional sidewalks. In particular, they talked about the pending update of the city's master plan. Assistant city manager Joe Valentino presented an 18-month timeline to council by which a 10-year update of the city's master plan would be completed, and suggested two tracks for the update. "What I'm looking for tonight is some indication whether we're on the right track," Valentino said. Valentino said he would like to add two goals — technology and environment — to the eight goals of the existing master plan. Those original goals were land use, economy, community appearance, facilities, services, housing, transportation and implementation of the plan. Council president Frank Ciotola said he hoped to include developers in the process. "One of my major concerns here is the economic development piece," Ciotola said. "What I envision is not merely a series of neighborhood meetings with dreamy type stuff when it comes to economic development. My vision is more bringing in developers and folks who are in that business and can give us a practical look at the master plan, what their experience has been..."

<http://www.thisweeknews.com/live/content/upperarlington/stories/2010/05/19/master-plan-update-about-to-begin.html?sid=104>

Etna Road work should wrap up Friday

Published: Wednesday, May 19, 2010 5:39 PM EDT

Progress continues on numerous construction projects in Whitehall. Resurfacing of Etna Road between Country Club Drive and Fairway Boulevard should be finished by Friday, May 21, Service Director Ray Ogden said this week. The project to build new curbs and gutters on Powell Avenue is behind schedule, Ogden reported, because of grading problems. Several approaches on the south side of the street will be removed and replaced to improve the grade into driveways, and some approaches on the north side will be retrofitted. Despite recent rainy weather, the Yearling Road Streetscape Project remains on schedule. Workers this week are constructing a new water line and excavating for the construction of new sidewalks on the west side of the road, Ogden said. Resurfacing of Robinwood Avenue tentatively is scheduled for June 2 and 3. Federal funding through the American Reinvestment and Recovery Act will wholly fund the project...

http://www.snponline.com/articles/2010/05/22/whitehall_news/news/whstreetwo_20100519_1126am_2.txt

Wilson Bridge Road: More cash OK'd for 'revamping'

By BRET LIEBENDORFER

Published: Tuesday, May 18, 2010 4:40 PM EDT

Worthington City Council this week unanimously approved more funding to develop the Wilson Bridge Road corridor. In October, \$48,500 was approved for professional planning services. On Monday, May 17, an additional

\$9,750 in funding was approved as the area being studied was broadened. "What we'll be doing here is a revamping," said Jim Houk, president and CEO of Bird Houk Collaborative, a Gahanna company leading the redevelopment efforts. Originally the plan was for East Wilson Bridge Road, but after an initial study and with a new interchange planned for High Street and Interstate 270, City Manager Matt Greeson said it made sense to expand the area. "We got a lot of feedback ... indicating a need, and I think consensus, to include all of Wilson Bridge Road," he said. "There's a lot of opportunity and changes that will be occurring in that corridor." The city considers the office buildings in the area a high priority for their income-tax revenue, but vacancies will need to be filled before more can be developed, city leaders said. "Those offices want a broader range of services where someone can park their car at work and walk to various things," Houk said, alluding to a final plan that would expand mixed-use facilities...

http://www.snponline.com/articles/2010/05/22/worthington_news/news/wocouncil%2020100518_0230pm_19.txt

SAFE ROUTES TO SCHOOL

Pickerington Walking School Bus demo on Fox28 5-13-10

http://myfox28columbus.com/shared/newsroom/features/town/videos/wtte_vid_178.shtml

MORPC RideSolutions and Safe Routes to School Offer School Pool Program in Reynoldsburg

(Columbus – May 19, 2010) Many businesses and organizations facing recent economic turmoil have taken cost-efficient measures in order to survive. Those located in Reynoldsburg are no exception. Reynoldsburg Safe Routes to Schools (SRTS) has partnered with the Mid-Ohio Regional Planning Commission (MORPC) RideSolutions Program to offer School Pool in the city of Reynoldsburg. School Pool was piloted successfully last year at three schools: Waggoner Road Middle School, Waggoner Road Middle Junior High, and French Run Elementary School. The program will see its first full year at all Reynoldsburg City Schools beginning fall 2010.

Safe Routes to School coordinators Mark Waite and Monica DeBrock were instrumental in assisting RideSolutions with setting up the service. School Pool is modeled after MORPC's RideSolutions, a program to provide information to parents/guardians so they can form carpools and help students find a bike or walk companion for a safer trip to school. A list of students that live in proximity to each other is shared with parents interested in participating in the program.

This week students are taking home informational letters with a form that allows parents to opt-out of the service if they do not wish to participate. Students are instructed to return the completed opt-out form to their homeroom teachers by May 28.

RideSolutions will distribute a match list by early August so parents can form carpools or to find a walk or bike buddy for their child. Those receiving the list are not obligated to participate and may keep the list as a reference. Once travel arrangements are made, parents are encouraged to save the list in case of changes or school events.

"School Pool is a natural complement to Safe Routes because it is a way of reducing the number of car journeys and helping families to collaborate on their kids' travel – and we hope that will include more buddying up for walk and bike trips to school as well as carpooling," stated Mark Waite, Reynoldsburg SRTS coordinator.

MORPC's RideSolutions program provides free services to help parents and commuters form carpools, vanpool or ride transit. RideSolutions staff is also working with area employers in assisting their employees in finding alternative ways to work. Contact MORPC's RideSolutions at 1-888-742-RIDE (7433) or visit www.morpc.org.

MORPC is a voluntary association of 47 local governments in central Ohio serving the region through planning, direct service, public policy information and innovative programming and intergovernmental coordinating services in the areas of transportation, land use, energy conservation, the environment and housing.

Local Host Sought for the 3rd Safe Routes to School National Conference

RFP to be released June 9, 2010, for August 2011 Conference

On June 9, the National Center for Safe Routes to School and the Safe Routes to School National Partnership will release a request for proposals (RFP) for potential host agencies to organize the 3rd Safe Routes to School National Conference. The conference will take place in August 2011. In addition to information about venues, budgets and plans, the RFP will request letters of support from sub-contractors, potential or secured funders and other key partners describing potential roles in the conference planning and execution. So keep an eye out for the RFP and start putting together your local teams now! Applications will be due July 14. The intent of the RFP is to identify and select an experienced organization that will be responsible for conference and event support, planning, coordination, fundraising and implementation of all aspects related to running a three-day national meeting of 400-600 program representatives, state DOTs, planners, elected officials and community members. The National Safe Routes to School Conference provides an opportunity for individuals, agencies and organizations involved with Safe Routes to School to network, engage in educational opportunities and form partnerships to enhance their Safe Routes to School work. The 2nd Safe Routes to School National Conference, held in Portland, Oregon in August 2009, had more than 500 participants in attendance and is considered to have been a resounding success. For more information on the second conference, please visit <http://www.saferoutesconference.org/>.

OTHER NEWS

CLEVELAND SEEKS MORE BIKE RIDERS DOWNTOWN

May 17, 2010

CLEVELAND (AP) -- Cleveland is trying to attract more bike riders. A new city regulation will require many parking lots and garages to install secure bike racks. The rule, which takes effect June 16, covers facilities that charge for parking. Parking lots and garages will have to provide one bicycle space with an anchored bike rack or locker for every 20 automobile spaces, with a maximum requirement of 24 spots. The city doesn't require that the bike spaces be free. But the Cleveland Parking Association doesn't know of any facility planning to charge. Cleveland is also turning an unused office into a bike parking station that will feature showers, lockers and repair services. The \$420,000 project should be finished in late August...

<http://www.lancastereaglegazette.com/article/20100517/NEWS01/5170316/1002/CLEVELAND-SEEKS-MORE-BIKE-RIDERS-DOWNTOWN>

Towpath Trail planners consider options in crossing through radioactive site in downtown Cleveland

By Michael Scott, The Plain Dealer

May 19, 2010, 4:00AM

The Towpath Trail is at the crossroads. Planners of the ambitious and nearly complete hiking and bicycle trail are facing three uncomfortable choices as they try again to stitch together the final few miles through a downtown Cleveland industrial area along the Cuyahoga River. Their preferred route is still blocked by the lurking presence of a parcel on the northeast corner of Harvard Avenue and Jennings Road where uranium was once refined during World War II. The U.S. Army Corps of Engineers have said that the former Harshaw Chemical site won't be fully cleaned up until about 2016 at the earliest, but once it's done, it should be OK for a bike path. But trail planners -- a consortium of the city, Cuyahoga County and the Ohio Canal Corridor -- desperately want to open the full length of the trail long before that... http://blog.cleveland.com/metro/2010/05/towpath_trail_planners_consider.html

Seattle Bike to Work Day - May 21st!

<http://www.king5.com/new-day-northwest/biketoworkschoolday-94010834.html>

Handmade Bikes Let Commuters Ride In Style

by Bill Chappell

May 21, 2010

Thousands of bicyclists will hit the road Friday, as part of National Bike to Work Day. But not all "commuter" bikes are equal. In fact, some are hand-built — and with a rider's particular route to work in mind. Consider the high-school teacher who ordered a bike from custom builder Dan Polito in Cleveland, Ohio. His client "wanted a

comfortable, upright-position cruiser for their crushed-limestone commute," Polito says. Most of the teacher's route to school is on a bike trail. So Polito designed a bike based on a 1950s British club racer. The bike is sturdy and lean, a good match for a daily commute.

<http://www.npr.org/templates/story/story.php?storyId=126885724&ft=1&f=1001>

U.S. cities embrace bike sharing

Sunday, May 23, 2010 2:58 AM

By Brittany Wallman

(SOUTH FLORIDA) SUN SENTINEL

FORT LAUDERDALE, Fla. — Broward County hopes to become one of the first communities in America to roll out a massive bike-sharing system, setting up bikes along the beaches and downtowns for easy rental by residents and tourists. The bike "libraries" have been popular for years in Europe but only now are catching on in the United States. A major bike-sharing program will launch in July in Miami Beach. Denver introduced its system in April. Washington, D.C., has a relatively new bike-sharing program. Systems are set for this year in Boston and Minneapolis. "Bike sharing is definitely in its infancy in the United States," said Bob Burns, president of B-cycle, a company based in Waterloo, Wis., that was selected to launch a system in the county. "Really, Broward County is very progressive." If negotiations are successful, Broward County commissioners will vote this summer on a contract with B-cycle. About 200 bikes would be in place six months later, Burns said. The system would grow to about 500 bikes over five years, according to B-cycle's proposal. B-cycle would pay for the bikes and system, recouping its investment by selling ads on the bikes, bike baskets and kiosks...

<http://www.dispatch.com/live/content/travel/stories/2010/05/23/u-s--cities-embrace-bike-sharing.html>

E-mails indicate sponsor tried to persuade Landis to end feud

Saturday, May 22, 2010 2:51 AM

By Tim Reynolds

ASSOCIATED PRESS

Floyd Landis ignored pleas from his sponsor to avoid a public fight with Lance Armstrong, according to e-mails Armstrong released in trying to prove the disgraced cyclist has "zero credibility." Armstrong released the messages yesterday in a second day of attacks on Landis, who accused cycling's biggest star of doping, teaching other riders to cheat and paying off a top cycling official after allegedly testing positive in 2002. Armstrong has denied those allegations. "Even a superficial review reveals a troubling, angry and misplaced effort at retribution by Landis for his perceived slights," said a statement posted on Armstrong's RadioShack team website. "While these types of repeated, tired and baseless accusations against Lance have been proven false in the past, it is quite regrettable, but telling, that so many in cycling are now attacked..."

<http://www.dispatch.com/live/content/sports/stories/2010/05/22/e-mails-indicate-sponsor-tried-to-persuade-landis-to-end-feud.html>

Armstrong denies Landis' doping accusations

'It's our word against his word. I like our word,' 7-time Tour champ says

NEW YORK - Lance Armstrong has denied allegations made by disgraced American cyclist Floyd Landis, who accused the seven-time Tour de France champion of doping. "It's our word against his word," Armstrong said in Visalia, Calif., before the fifth stage of the Tour of California. "I like our word. We like our credibility." With his longtime coach Johan Bruyneel standing next to him, Armstrong said Landis seemingly pointed the finger at everyone still involved in the sport... http://nbcsports.msnbc.com/id/37247426/ns/sports-other_sports/

Armstrong crashes, taken to hospital after fighting drug claims

It hasn't been a good Thursday for Lance Armstrong.

First disgraced cyclist Floyd Landis accused the seven-time Tour de France winner of doping and later Armstrong crashed in the fifth stage of the Tour of California and was taken to the hospital.

Disgraced cyclist Floyd Landis says it's time to admit doping and name some names in the process. Armstrong, 38, collided with several other riders during a narrow stretch of the route in Visalia. All the riders, including Armstrong, got back on their bikes and continued the race, but after a few miles Armstrong was forced to retire. He climbed into the lead RadioShack team car and his manager Johan Bruyneel said on Twitter that Armstrong was being taken to hospital for X-rays, cyclingnews.com reported. Earlier Landis, who was stripped of his 2006 Tour de France title for doping but had always denied cheating, finally admitted to doping, the *Wall Street Journal* reported Thursday. Armstrong, in responding to Landis' claims about his alleged involvement in doping, said, "It's our word

against his word. I like our word..." <http://msn.foxsports.com/other/story/floyd-landis-admits-doping-PEDs-fingers-lance-armstrong-052010>

Contact Information

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Web site - [www.considerbiking.org](http://www.considerbiking.org)

Facebook - [Facebook Page](#)

Twitter - [Considerbikeoh](#)

Executive Director, Jeff Stephens - [jeff@considerbiking.org](mailto:jeff@considerbiking.org) 614-579-1127

Communications, Ira S. Weiss - [iweiss@insight.rr.com](mailto:iweiss@insight.rr.com)  
~~~~~

Ira S. Weiss
11735 Eddington
Pickerington, OH 43147
iweiss@insight.rr.com